

Our growing school family!



Important Dates in School

June 1-26, 2024

Summer holiday programme offered to our enrolled children.
(Mon-Fri, 9-12 p.m.)

June 1-21, 2024

Parent-Child Programme continues as usual: Mon/Wed/Fri for Healthy Planet TGA children!

Upcoming Events

July 1, 2024

Commencement of term 2

July 1, 2024

New toddler class opens

July 17, 2024

Maharram Ashura holiday



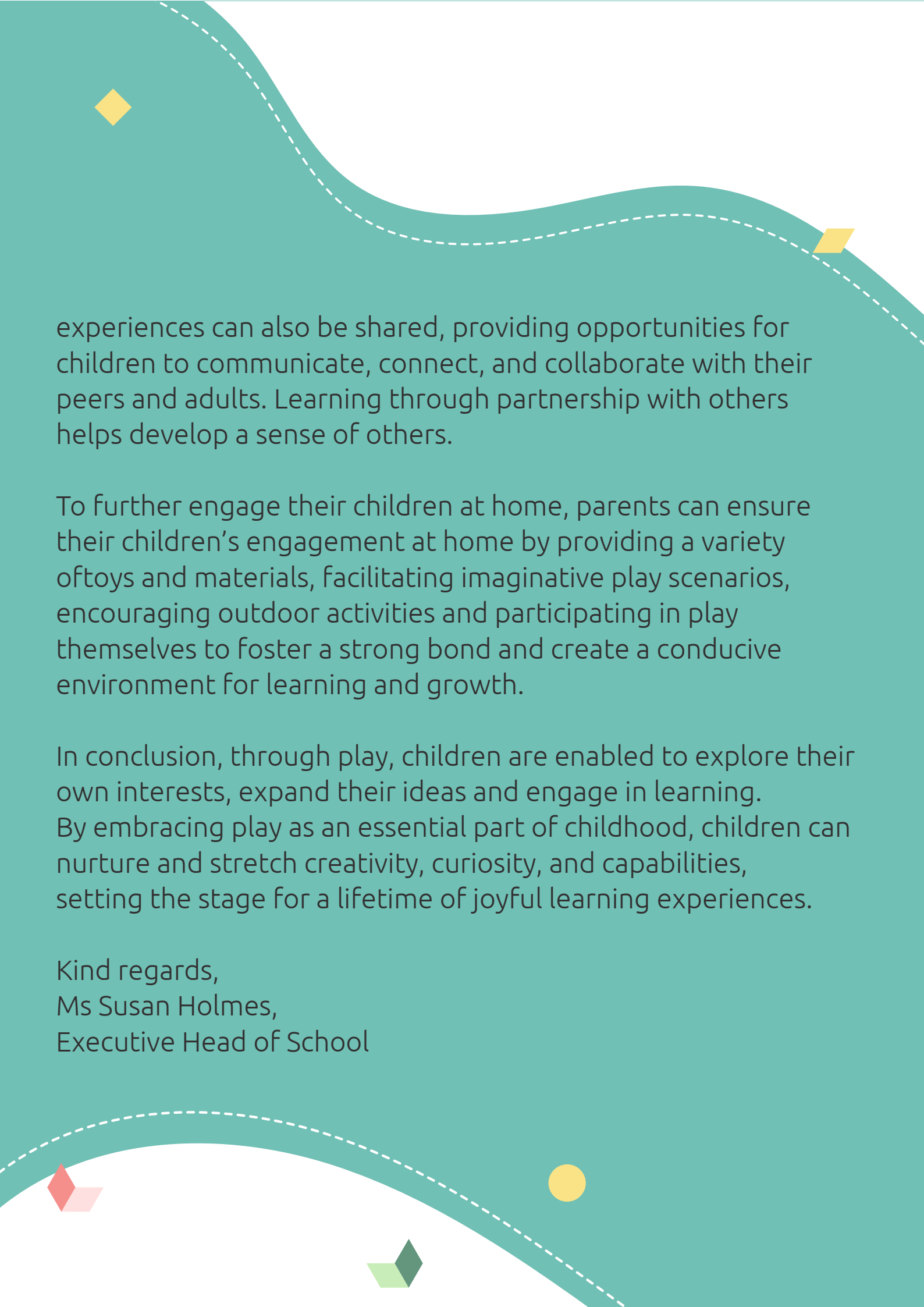
A message from our Executive Head

'Play is the highest form of research' (Einstein, 1954)

Encouraging play in children is not just about having fun but also a powerful tool for learning and development. When children engage in play, they are actively curious, exploring, experimenting, problem-solving and developing agency, all essential skills for success in academics and beyond and developing a love for learning. Just like Einstein said, they are like little researchers, always trying new things and pushing the limits of their imagination.

Play is crucial for cognitive development. According to Ackerman (2000), play is the brain's favourite way of learning, emphasising the importance of play for developing thinking skills. Vygotsky (1978) emphasised that 'in play, a child is always above his average age, above his daily behaviour; in play, it is as though he were a head taller than himself', highlighting how play allows children to surpass their usual limitations and tap into their full potential.

Children benefit greatly from child-initiated and child-directed play experiences. They empower children to take charge and lead their own learning and development. These learning

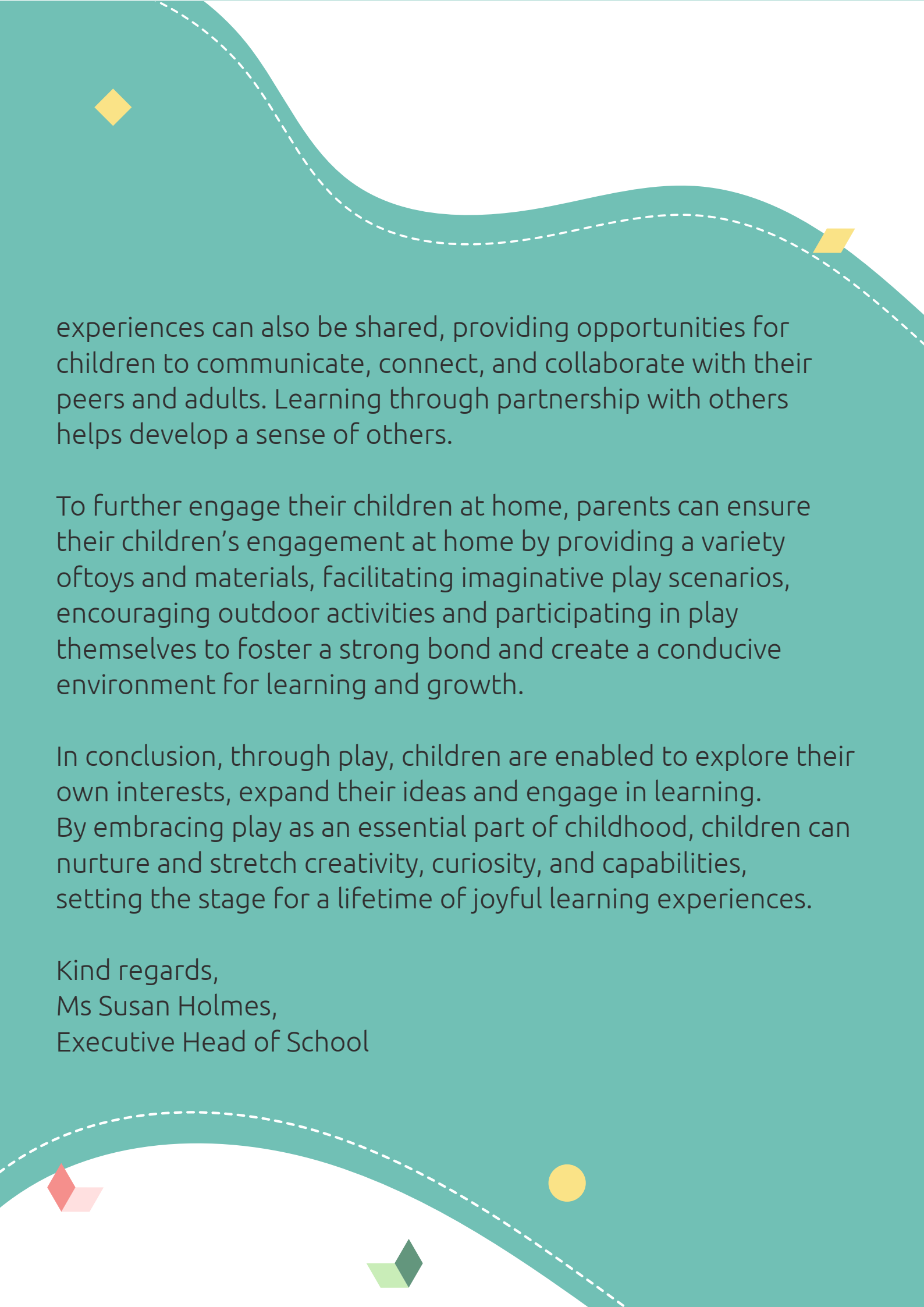


experiences can also be shared, providing opportunities for children to communicate, connect, and collaborate with their peers and adults. Learning through partnership with others helps develop a sense of others.

To further engage their children at home, parents can ensure their children's engagement at home by providing a variety of toys and materials, facilitating imaginative play scenarios, encouraging outdoor activities and participating in play themselves to foster a strong bond and create a conducive environment for learning and growth.

In conclusion, through play, children are enabled to explore their own interests, expand their ideas and engage in learning. By embracing play as an essential part of childhood, children can nurture and stretch creativity, curiosity, and capabilities, setting the stage for a lifetime of joyful learning experiences.

Kind regards,
Ms Susan Holmes,
Executive Head of School



A message from our Head of School

Dear Families,

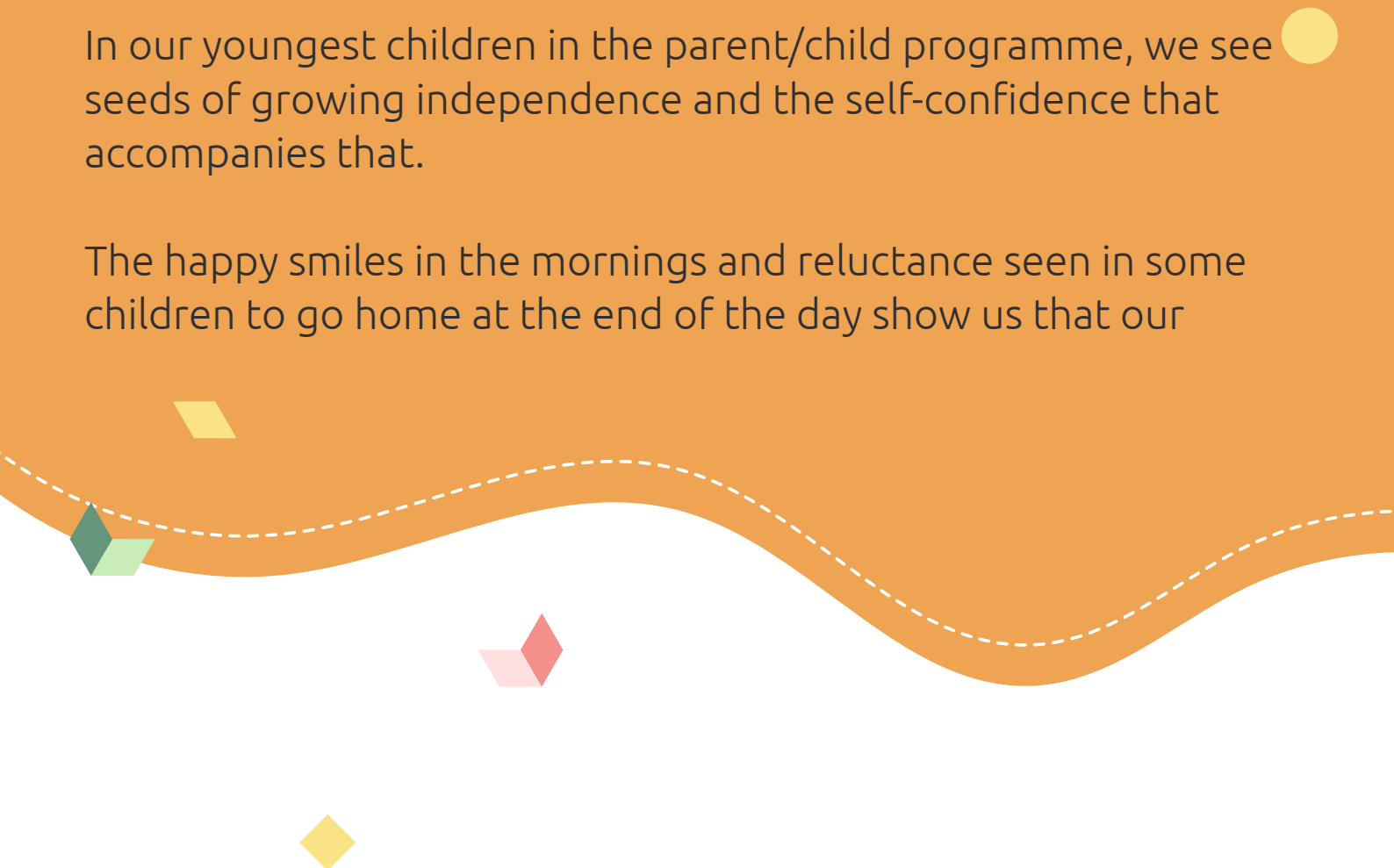
There is something unique about being part of a new school! Our first term of the academic year in our very new school has ended with a *Blast-Off* and a *Splash Party*, reflecting our completed units of study in the International Early Years Curriculum (IEYC) our school has adopted.

Our oldest children loved their planetarium trip, and the *Adventurers* delighted in their splash day event and learning space activities. We hope you all did, too!

Your children have worked and played very hard this term. The growth noted in the end-of-term progress discussions and school reports reflects this.

In our youngest children in the parent/child programme, we see seeds of growing independence and the self-confidence that accompanies that.

The happy smiles in the mornings and reluctance seen in some children to go home at the end of the day show us that our



school is truly a 'home away from home' for many, and we are pleased about that!

It is time for rest and reflection for some of you and carefree and exciting summer camp activities for others.

It has been a pleasure being a part of your child's first term at our school, and we look forward to seeing you again very soon!

Very kind regards,
Mrs Shayne Raffaud,
Head of School



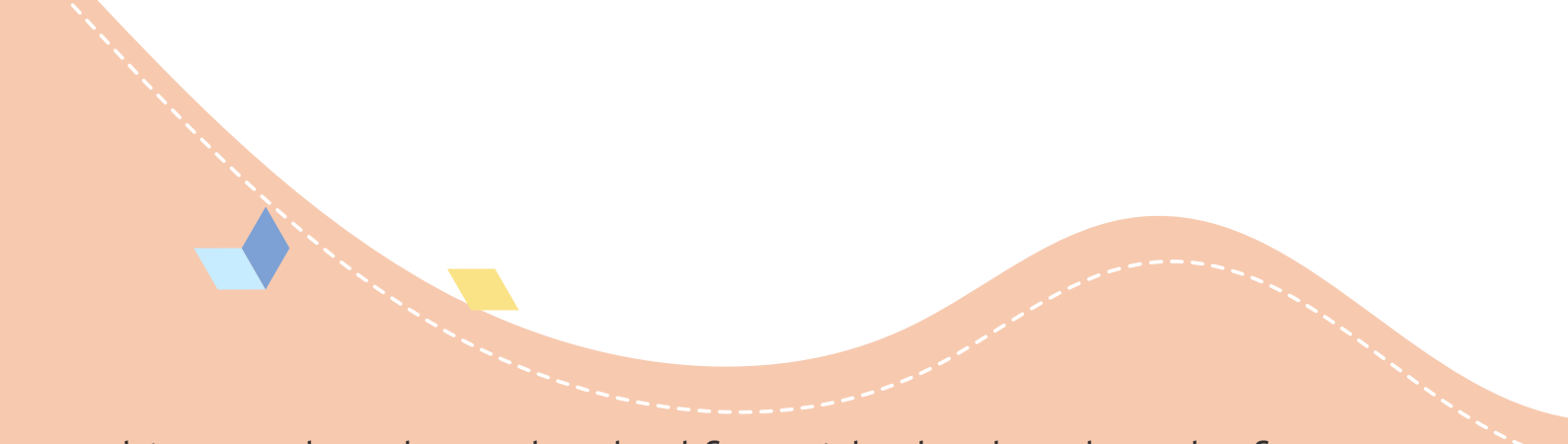
A message from the Parent-Child Programme



Dear Parent/Child Programme Families,

It has been a whirlwind month highlighted by many more new friends for our little ones and our parents! We have had lots of fun with our hands in sensory play activities around our *Nature* theme.

We also really LOVE our weekly splash moments, and some of us could easily spend the entire two hours playing with water and toys! We have also delighted in banging instruments together in the *Dee Da Dum* song and *Cheek A Dee Dee* song.



This month, Atharva has had fun with playdough and, of course, walked a lot all over our premises with a smile on his face. Nirvair has played with cars and water, and he has had fun in our toy kitchen. Samaira has had fun with water and she loves her painting times. Krishang has made lots of toy cakes for 'chachi' in our kitchen role-play area.

Kavir has enjoyed listening to stories. Arzoi has had fun with water and anything that involves sensory play. Naomika has loved splash days and exploring the stickiness of glue. Aisha has enjoyed painting and glueing things together. Vihaana has spent many happy moments stacking toys together. Anahat has enjoyed opening our magic box, and she even knows the names of all our children!

Pranit has maintained his love for our animal puzzles and has now added painting to his preferences. And finally, little Naksh has spent happy moments playing with our rice tray and has now extended his interest to our playdough activities!

Well done, everyone! We are proud of you all.

Ms Srishti, Ms Megha, Janki Didi, and Jenny the Giraffe



A message from the Adventurers-Blue



Dear Families,

Let's cheer for the joys of active learning in our first academic term!

From curating our own height chart and measuring our heights to exploring the wonders of *World Book Day* and *World Water Day*, this term has been a whirlwind of growth and discovery. We celebrated the moments of laughter, the 'aha' breakthroughs and the acquaintance forged over our theme-based activities.



This month, we have observed that Aarshya is super organised, Aavya comes to school calling it a "*happy place*" on some days, Dev loves sharing things with his classmates, and Leonard enjoys water play. Maanvik likes to explore the classroom, Sabar expresses himself with a bright, shining smile, Suhaana loves to be imaginative in the role play area, Sanvika likes to be a mummy to all our class dollies and Vallari loves to look at books.

Here's to a successful start and more enriching terms ahead!

Ms Nishu, Ms Swaranjali, and Ms Sakshi

A message from the Adventurers-Green



Dear Families,

We have had a wonderful month, studying our “*let’s have a party*” theme! Learning about celebrations around the world, like *World Book Day*, *World Children’s Day*, and events such as the *Olympic Games* and our own birthdays. Every child has had multiple opportunities to learn in an active way across the curriculum.



Highlights for us all this month saw Avi enjoying digging vegetables out of the soil in an autumn activity we offered, Mehr happily creating a bead bracelet for a classmate, Nitara, delighting in playing under a rain shower, Aadya enthusiastically spraying paint onto a flower cut-out, Vanya speeding around happily on a balancing bicycle along the atrium, Sumer 'zipping' down our slides in the *Hive* and Anahita dancing with joy to her favourite *Freeze* song!

Well done, dear Adventurers!

A message from the Explorers & Discoverers



Dear Families,

What an exciting couple of weeks it has been for our little astronauts! We are now rock detectives and moon explorers, too! We have had a great time making our very own spaceship console and creating shiny moon rocks all by ourselves.

We fixed and decorated our rocket ship and now take trips around space in it every day! Together, we created a beautiful mural of a night sky that now adorns the wall of our learning space.



Our *Moonbeam* family gave us a surprise visit, and we were so thrilled to meet them again! We played lots of exciting space-themed games and read some lovely books like "*I Took the Moon for a Walk*" by Carolyn Curtis, "*Papa, Please Get the Moon For Me*" by Eric Carle, *The Man on the Moon* by Simon Bartram, *Whatever Next?* by Jill Murphy, and *Zoom, Rocket, Zoom!* by Margaret Mayo. We made our own moon rovers, and we visited the planet *Moonbeam*, too!

In *Jolly Phonics*, we were introduced to the letter sounds 'n', 'c/k', and 'e'. In *Numicon*, we are learning the *Numicon* shape names, and we love our daily counting activities.



Tanish and Mira both turned four this month, and we had a great time celebrating their birthdays!

This term, we saw Tanish making new friends and participating in all activities with great enthusiasm, the rocket being his favourite! We love Meesha's calm and smiling disposition and are pleased with her efforts. Always ready to 'give things a go', we really appreciate Amodoni's efforts to try everything. Our very own *Spider-Man*, Ibrahim, has settled well in class, and we are impressed with his imagination and writing skills. Mira joined our class this month, and we are so happy to have her with us.

Here's to creating beautiful memories.
Happy summer, everyone!

Ms Aarti, Ms Megha, Ms Amrisha, and Bharti Didi

Around School



(Thank you dear Annahita, aged 4 years, for your wonderful drawing!)

Our highlight of this month was our heartwarming *Family Day*! It was lovely to dance, sing, and watch kind families share their talents with us, play some games together, and have an opportunity to bond and enjoy our school community partnership!

Here is a selection of the many memories forged on *Family Day*!





Healthy Planet Library and Imagination Studio



On 18 May, The Learning Lab @ Healthy Planet TGA Early Years School hosted a talk for our parent community with Ms Vanita Uppal OBE, Director of the British School, New Delhi. Held in our library, the discussion on *Early Literacy* was a perfect opportunity for parents to explore language learning in children under the age of 6 years. Guest speaker Ms Uppal urged parents to help children move beyond their 'circle of privilege'.

This month, we also celebrated the *International Day of Family with Family Read Aloud Day* at our library! Families read to their children, who enjoyed ice cream at the café, it was a win-win situation! Smiles were abundant as books and sweet treats combined for double the fun.

We also launched our *Summer Reading Challenge* to encourage children to push their boundaries and achieve the goals of





the challenge. This initiative enhances reading stamina, broadens exposure to various genres, and improves comprehension skills. Reflecting on our February reading challenge, we saw a surge in enthusiasm among our young readers, who showed significant improvement in their reading comprehension and writing skills.

Our café and community news



Sparrows at Home Café has moved in permanently to our premises, offering organic, homemade treats and delicious meals to please any palate and any age of the child. Our cosy coworking space is up and running, too.

Cooking for Children workshops will be held during the holiday programme in the month of June for children in our school and outside. Please contact us for more details about it. Seats are limited, so please reserve a spot very soon if you would like to! 

We are also delighted to announce that cooking classes for parents will also be offered soon! We will let you know more details as soon as we can. 

Quick tips for happy children!

Encouraging our children to be 'foodies'!



Our resident chef Praveen, recently joined a weekly assembly as special guest, showing our children how he prepares a meal (a toy version) with care and passion. Our teachers then engaged in an entertaining role play to show that it is respectful to at least try a spoonful of the food we receive each day, even if we don't think we will like it.

Sometimes, we turn food times into 'pressure cooker' moments. We are so worried our children will not get their daily dose of vitamins and nutrients that we make mealtimes far too long for our little one's concentration levels. In addition, we often worry about the mess and don't let them hold a spoon and try to feed themselves. This concern we often show on our faces and in our actions can transfer directly to our little ones, who, in turn, become fussy and refuse to eat.

The truth is, our children will be eating three times a day for the rest of their lives, so it is important to make mealtimes relaxing!


Here are some quick tips in this regard...



From a very early age, offer your children a healthy 'rainbow' of colours on their plates every day, ensuring all vitamins are offered each day.




Respect your children's concentration levels. After 15-20 minutes of sitting, offer them a chance to be active again.



Refrain from showing cartoons, songs on a screen while they eat - life will not always offer them this option in the future at mealtimes! Alternatively, if you feel you must, offer them 10 minutes of song and screen or play after the mealtime is over.



Teach respect for food by reminding your little ones that someone took time to lovingly prepare their meals and that we should always try a little bit of everything on our plates.



Try and eat at the same time as your children, so they can see how enjoyable mealtimes can be.



This term, we celebrate:

These twinkling stars!
Well done, children!



Aavya



Mehr



Meesha



Tanish

For day-to-day updates about our school
and the library, please follow us
on Instagram:
@healthyplanet_tga_noida.

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