

SCHOOL NEWSLETTER

ISSUE NO.5 | TERM 4, 2025



Growing, learning, shining!
Thank you for making 2024 -2025
so special everyone!





A message from our Executive Head

Dear Families,

As we celebrate the completion of our first full year at Healthy Planet TGA Early Years School, we want to express our heartfelt gratitude for entrusting us with your children's early learning journey. Your support and belief in our mission have been invaluable in shaping a nurturing and inspiring environment for our young learners.




This year has been a testament to the power of collaboration, curiosity, and care in fostering a love for learning. Together, we have empowered our children to grow as lifelong learners and



global citizens, creating transformative experiences that lay the foundation for a brighter, healthier planet and future.

Thank you for being an essential part of our journey. We look forward to another year of growth, discovery, and shared successes!

Kind regards,
Ms. Susan Holmes
Executive Head of School



A message from our Head of School

Dear Families,

To mark the end of an academic year, it is often easiest to summarise past events. I'd like to personalise this a little and offer my humble list of 10 moments I will treasure from what has been a most exceptional first academic year in our wonderful and unique school!

Moments I will treasure:

(It is a challenge for me to only choose 10!)

- Seeing our grandparents singing and even dancing at the *Grandparent's Day* event in Term 4!
- Seeing our children's eyes light up when they watched the *Giraffes Can't Dance* parents' performance!
- Listening to our oldest children reading their first books.
- Playing the *Musical Chairs* game with all our support staff on a recent group birthday!
- Receiving the news that we received 1st Prize in India in this year's *Eduworld and Cfore Preschool awards*.
- Watching parents enthusiastically run together and paint a rainbow in our recent sports day races.
- Welling up with wonder and happiness at our teacher's and children's cultural performance for *Diwali*.





- Our assembly featuring such kind and fascinating identical twin guests, Vallari's daddy and uncle!
- Hearing 'noisy' classrooms where children suddenly have so much to say and tell us about, because their vocabulary and speaking self-confidence have grown so much over the course of the year!

That now makes 9 points! I am leaving the 10th point to our treasured school mascots, Titu and Laddoo. Their choice of course, is meeting family pets, Candy, the cat and Wine, the dog during our recent *Care For All Things* event.

Thank you everyone for a fantastic year of school.

Kind regards,
Mrs Shayne Raffaud

A message from the Parent-Child Programme



Dear Families,

With *Bears, Bears, Bears* as our theme of study this term, our children learnt about polar bears, pandas, brown bears, teddy bears, and *Winnie the Pooh*! They learned about these bears' unique characteristics through a combination of visuals, books, songs, and engaging activities.

Highlights of the term included a delightful picnic at *Sunder Nursery*, where families came together to enjoy delicious snacks prepared by everyone. Another memorable experience was the *Teddy Bear's Tea party on the Skyfield*, where the children had a wonderful time participating in activities outdoors.



Additionally, we introduced exciting new sessions, such as *Movement and Library Time*, for our little learners. Throughout the term, the children displayed a lot of enthusiasm as they embraced the theme of bears, even bringing their own cuddly bears to school to share in the fun.

This term, we saw Samaira focusing on improving her mark-making skills while Naomika expanded her vocabulary and thoroughly enjoyed music time. Aisha, Naksh, and Vayu confidently walked around and independently engaged in activities at different corners. Nitara and Eera made new friends and became more comfortable in their environment. Amay showed a keen interest in solving puzzles, and Ivaan loved playing with our toy red bus, eating independently, and playing with playdough.

Anayra had a wonderful time during music sessions, and Anvika explored various activity tables with curiosity. Affan explored the new environment, carefully observing his peers. Veedant enjoyed spending time in the sandpit, while Myra, our youngest, amazed us by discovering something new every day.



In the afternoon session, Jaisvik enjoyed making creations with play dough, while Viraaj had fun making marks with crayons. Aviraj especially loved outdoor water and sand activities. Kiana enjoyed throwing balls into a cardboard bear's mouth, and Shivansh had a great time searching for bears in the rice box and exploring the kitchen area. Ammyra, our music enthusiast, was also seen throwing balls and transferring objects. Noor spent time painting while Tanush explored painting with his hands and enjoyed the outdoor water stations. Tashi and Ivaan were focused on activities at the sensory tray, and Devishha explored all activities independently. Avira played with our wooden fruits and vegetables while Saira was absorbed in art-making. Siddhesh and Era, the newest members of our programme, are still exploring the environment and familiarising themselves with the space.

It's been a term full of growth, curiosity, and joyful learning for all our little ones!

Well done, dear children and parents!
Kind regards,
Ms. Srishti and Ms. Rukmani



A message from the Toddlers-Blue



Dear Families,

This term, our Toddlers eagerly embraced imaginative play, stepping into roles as doctors, firefighters, builders, chefs, and more in keeping with our theme: "*One day, I might like to be a...*"

The classroom buzzed with excitement as their little hands got busy! Abeer explored all corners of his learning space while Aida eagerly sprayed water on pretend flames in the doll's house. Agastya Garg liked being a baker, kneading and moulding playdough to create pizzas and baking them in our pretend oven, and Ajuni stirred up delicious dishes in the kitchen, also

confidently directing traffic in our *stop-and-go game*.

Our little 'doctors' were hard at work too. Agastya Bahl carefully gave medicine to the class dollies, while Krishang joyfully played *Doctor, Doctor!* with his friends. Nyra performed check-ups on dollies, and Yashvardhan enjoyed being both a doctor and a builder. Kavir was fascinated by dental care; cleaning pretend plaque off paper teeth templates, and Shrinika kindly offered teddies and shakers to everyone to hold before hopping and dancing with joy to different rhymes.

The sounds of pretend sirens often filled the air as Nirvair zoomed around, 'driving' our toy ambulance and fire truck. Viransh confidently played the role of a traffic police officer, and





Seher, with her gentle nature, made sure her dearest toy, Elmo, joined every activity. Samaira often pretended to chat with her mother on a toy mobile phone and danced along to the teddy rhyme. Shivay busied himself at the *Tinker Table*, creating art while Sharvi cradled toy dollies, showering them with hugs and kisses! Jaiveer enjoyed working with playdough, while Anjaneya, our newest class member, gradually discovered that school is a fun place to be!

It has been a wonderfully busy and joyful term filled with creativity, role-play, and shared laughter!

Well done everyone!

Ms. Nitya, Ms. Parakh and Ms. Harshmita

A message from the Toddlers-Green



Dear Families,

This term's theme, *"When I grow up, I might like to be..."*, sparked curiosity and imagination in our little learners as they explored different roles and professions. From doctors to artists, chefs to designers, our children brought their unique personalities into every moment of play and learning. Each day was filled with moments of joy and discovery!

Agastya warmly greeted everyone as he arrived, setting a cheerful tone for the day. Amayra listened intently to stories and shared countless delightful tales of her own. Anahat became the class 'doctor', thoroughly exploring our role-play clinic and making sure everyone was checked on, while Atharva spread warmth with his biggest and kindest hugs. Aryaveer demonstrated generosity by always sharing toys with his friends,



while Arzoi's spirited singing during *Circle Time* filled the room with energy. Gurshabad kept the classroom lively with his playful enthusiasm, while Kartavya was always busy whipping up tasty pretend meals in the kitchen corner. Naomika's polite and gentle conversations made every interaction special, and Shivana was often found in the salon role-play area, skillfully applying pretend makeup to her friends' faces. Nysa embraced painting with creativity and imagination, while Vinaaya's kindness and helpful nature made her a caring friend to all. Viya's excitement for rhymes had everyone dancing along, while Rishik delighted in making towers and houses in the builders' corner. Ehad's passionate singing of his favourite rhymes added to the joyful atmosphere, while Adrith eagerly explored vehicles, engaging deeply in his fascination with things that move.

It has been a wonderful term to watch our children learn, grow, and bring their imaginative ideas to life in the most delightful ways!

Well done children!
Ms. Kshama, Ms. Diksha and Ms. Anshu



A message from the Adventurers-Blue



Dear Families,

This term, we enjoyed the study focus *Plants as Partners*, where children explored the wonders of nature through hands-on activities and engaging learning experiences. They went on nature walks and brought pots from home to plant seeds, practising the important concepts of recycling and reusing. The children also thoroughly enjoyed watering their plants and watching them grow, documenting their observations in personalised plant journals.

To add some extra fun to their learning, the children also went on an exciting excursion to *Sunder Nursery*, where they played games, admired a variety of beautiful flowers, and participated in themed activities.



This term, Aadhya enjoyed sharing different stories from home, Aarshya enjoyed interacting more with her classmates, holding hands joyfully with Simar, Aavya enjoyed making art, Dev said so many more things in English, Leonard asked us lots and lots of 'why' and 'how' questions and Maanvik loved sensory play. Sanvika was a very enthusiastic participant in all our *Circle Time* discussions and activities, Simar joyfully talked about the different toys she brings to school, Suhaana sang and danced most days, Vallari told us all about her little sister and Vani



enjoyed looking at books and pretending to read them aloud. Vanraj loved pretending to be a vehicle moving all around the different spaces in school while making sounds and actions!

Well done everyone!

Ms. Swaranjali and Ms. Sakshi

A message from the Adventurers-Green



Dear Families,

This term, our tiny Adventurers discovered the magical world of plants! We learned about roots that dig deep, stems that reach high, and yummy fruits and vegetables that make our food tasty! Did you know that some herbs are superheroes? They have special powers that can help make us feel better when we're sick!

We also learned how to be kind to plants, just like they are kind to us! Plants need water, sunshine, and love, just like we do!

This term, Aadya loved making everyone laugh with her newly developed sense of humour. Ahad was happiest running and jumping in all the open spaces at school. Ahaan was always the cuddly one, happily playing with his friends and Anahita delighted in giving warm hugs to all her mentors every day. Anayra enjoyed



making joyful pictures on the *Tinker Table*, and Ameyaa took joy in making new friends and helping them with everyday tasks.

Avi was our very own *Spiderman*, whose superpower was sharing everything with others. Advay answered every question with such confidence during *Circle Time*. Ayaansh filled the room with energy, dancing to all the songs and rhymes played in class. Ivaan enjoyed sharing his thoughts more and more, expressing himself verbally. Jashvi loved sharing her likes and dislikes with everyone, and Kabir enjoyed playing with all kinds of vehicles, from cars to train sets.

Mehr had so much fun watching tiny seeds sprout into little saplings. Namah adored observing real-life plants and fruits growing right before his eyes. Pranit enjoyed trying out new vocabulary. Sumer was always the first to run to his special spot during *Circle Time*. Veer loved helping his mentors tidy up and was always ready to help his friends make a line. Vanya



was endlessly curious, always asking "how?" and "why?" about everything!

We are very pleased with our little Gardeners, and we had so much fun learning and growing together!

Well done everyone!

Ms. Nandita, Ms. Aayushi and Ms. Megha

A message from the Explorers and Discoverers



Dear Families,

Our children are officially superheroes now! This term, we explored the exciting world of superheroes, both real and imaginary, through our unit, *To The Rescue*! We learnt about community helpers who help and protect everyone, teaching us



all about kindness and bravery. The highlight was the big red fire truck we made in our learning space, a favourite of all our little firefighters!

This term, our children chose their superpower and their own



superhero names! Tanish chose energy, and was named *Mr. Energizer*, while Amodini chose to share and became *Ms. Wonder Share*! Diana picked strength and was called *Super-Strong D*, and Aarvi chose kindness and was *Ms. Kind-Heart*. Ibrahim decided on friendship as his superpower and became *Captain Companion*, while Meesha was *Ms. Super Smile*. We named Chaitanya *Mr. Zoom* and Mira *Ms. Wonder Wings* as she chose flying as her superpower!

What a magical year it has been, dear Explorers and Discoverers! Thank you, and a big, warm, Healthy Planet hug to you all!

We are delighted with your progress this year!

Ms. Aditi, Ms. Aarti and Ms. Parakh

Around School



We have been very fortunate to experience a range of events this year, showcasing the intellectual, cultural, physical and artistic skills of our parent community and children! Here are some photo memories of what has been an enriching and vibrant school year!



The Festival of Learning



The Festival of Learning, hosted by Healthy Planet TGA on March 7, brought together renowned experts in early childhood education from around the globe. Keynote sessions by Professor Haeny Yoon and Professor Tran Nguyen Templeton from Columbia University, New York and Dr. Swati Popat Vats, President of the Early Childhood Association, India, along with interactive discussions, offered deep insights into enriching learning environments, early brain development, and the transformative power of play, language, and imagination. Healthy Planet Founders, Dr. Arunabh Singh and Dr. Suhasini Kanwar, shared their thoughts on the future of early childhood learning and the research being conducted by the Learning Lab at the school.



Attended by over 120 educators, The Festival of Learning was a nourishing experience and reinforced the power of collaboration and the shared commitment to shaping meaningful learning experiences for young minds.

Healthy Planet Library and Imagination Studio



Readers' Theatre Workshop

Our *Readers' Theatre Workshop* was a vibrant and engaging experience, where children wore the playwright's hat. Our members (6-9 years) transformed stories into scripts with expressive readings and dramatic storytelling. They learned the significance of staging, acts, and positioning in creating a cohesive performance. They also refined their character voices and grew more confident in their performances. The workshop expanded to include setting exploration and teaching students how understanding the backdrop enhances delivery. The session culminated in a lively *Readers' Theatre Production*, showcasing the children's creativity and talent. Parents joined us for this heartwarming event, celebrating the students' hard work and artistic growth.



Parent Volunteer Session on the Constitution of India – Republic Day

On *Republic Day*, we were honoured to have our parents volunteer to participate in a special session on the *Constitution of India*. This interactive session provided a deeper understanding of our nation's founding principles and the significance of the *Constitution* in shaping India's democratic values. The parents, alongside our 8-12-year-old members, discussed the importance of fundamental rights, duties, and the role of citizens in a democratic society. It was a meaningful experience, fostering a sense of patriotism and civic responsibility. We thank all volunteers for their valuable contribution to making this session memorable and educational.

Vision Board Workshop

Our *Vision Board Workshop* inspired our 8 to 12-year-olds to visualise their goals and dreams for the future. Guided by our expert facilitators, children explored their aspirations, and



creatively translated them into tangible representations on their boards. This hands-on activity allowed them to reflect on their ambitions and set intentions for the year ahead. The workshop not only encouraged creative expression but also emphasised the power of goal-setting and positive visualisation. It was a fun and enriching experience, empowering students to dream big and take steps towards turning their dreams into reality.

Illustration Workshop with Guest Illustrator Suvidha Mistry

In a delightful and inspiring *Illustration Workshop*, students (aged 6 years and above) had the unique opportunity to learn from guest illustrator Suvidha Mistry. Suvidha guided the children through various illustration techniques, encouraging them to explore their creative potential. The workshop focused on developing storytelling through art, helping students understand how illustrations enhance narrative expression. The children created beautiful works of art while learning valuable skills in visual storytelling. Suvidha's guidance and expertise left a lasting impact, sparking creativity in every child and encouraging them to continue exploring the world of illustration.



Visit to Kiran Nadar Museum of Art – Big World Young Heroes

As part of our *Big World Young Heroes* series, our children, aged 7 years and above, visited the *Kiran Nadar Museum of Art* with their parents, which proved to be an exciting exploration into the world of art and museums. This visit was designed to introduce children to how museums operate and the various types of art they house. Students had the opportunity to explore different artistic styles and understand the role of art in reflecting culture and history. Through guided discussions and hands-on activities, the children learned about curating exhibits and about the power



of art to tell powerful stories. This experience promoted artistic expression in addition to giving them valuable insights into the world of art.

Financial Literacy Workshop with Mr. Vivek Law

We were fortunate to have Mr. Vivek Law lead a *Financial Literacy Workshop*, where our 8-12-year-old students gained a practical understanding of money management, budgeting, and



financial planning. Through engaging discussions and activities, Mr. Law introduced the concepts of saving, investing, and financial decision-making in a way that was relatable and easy to understand. The workshop empowered students with the knowledge they need to manage their finances wisely, helping them to develop responsible financial habits from a young age. It was an invaluable session that equipped students with skills for financial independence and set them up for a successful future.

New Addition to the Library Team

This month, we are thrilled to welcome Ms. Megha Rathi as our fourth *Literacy Facilitator* at the Library. She can't wait to meet all of you!

Community News



Our First Community Cookbook!

Hand in hand with the recent *Plants as Partners* topic in the Adventurers classes, we are delighted to have created a community cookbook featuring plant-based dishes enjoyed at home and recommended by our families! Happy cooking and meal times, everyone!

Mystery readers and Show-and-Tell moments

It is always wonderful to have family members come into the



classroom and share home experiences and stories! Thank you to this term's, many kind volunteers!

Wisdom Wonders updates!

This term we were delighted to see so many grandparents join our first social event! We hope to hold them each term, and ideas for the next reunion include some *Karaoke*, more dancing and perhaps



a poetry performance. Your ideas are welcome!

Crafting corner with Amodini's mummy!

We have some very talented parents and grandparents in our school community! Each Wednesday, Amodini's mummy spends some time in our oldest children's class, focusing on finger dexterity, mindfulness and concentration while creating simple crafts with the children. They love this relaxing and wonderful part of their weekly timetable! Thank you, dear Amodini's mummy!



Thank you Aarvi (Explorers) for your joyful picture of your family!

Looking ahead!

As partners in your little one's early childhood education and learning journey, we are always open to suggestions from parents for involvement in our school. Please contact us if you would like to contribute in any way!

Quick Tips for Happy Children!



It has been such a pleasure to be a part of your children's year. Here is a summary of tips we know make little ones happy!

- ★ Give your children some structure in their day and offer essential boundaries with love, so they feel safe and secure in all that they do.
- ★ Create a balance of quiet and busy times in your child's day. Times when you offer them ideas for play and plenty of time when your child can freely pursue their own ideas for play. Try to be outside as much as possible, exploring nature and getting some vital Vitamin D!
- ★ Protect your children from viewing adult content, such as the News programmes or combat films on any screens.
- ★ Help your little ones get enough silence and rest each night. High quality sleep is vital for brains to grow effectively!



- ★ Show your child how to be kind to animals, to nature and to each other.
- ★ Show them that in life we sometimes get what we wish and want but not always, and that it is ok.
- ★ Let your children see you be silly, have fun and laugh! It is these qualities that help us all overcome challenging times in life.
- ★ Show them it is ok to make mistakes.
- ★ Keep them safe when travelling; wearing seatbelts and preferably in a car seat.
- ★ Above all, tell your children they are unique and amazing, and that you love them always and no matter what!

Important Dates in School

March 28, 2025

Last day of the academic year
2024 -2025

March 29, 2025

PTM Day

April 1-2, 2025

Orientation Day for all
parents (children are not required
to attend these meetings)

April 3, 2025

First day of the new academic
year 2025-2026

April 4, 2025

First day of the new academic
year 2025-2026 for Parent/ Child
Programme

Upcoming Events

April 18, 2025

Good Friday Holiday

May 12, 2025

Buddha Purnima Holiday

May 17, 2025

Family Day – parents and
grandparents are welcome!

For day-to-day updates about our school and the library,
please follow us on Instagram: [@healthyplanet_tga_noida](https://www.instagram.com/healthyplanet_tga_noida).

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